

Botanical name	Common name	Botanical family	Part of plant	Physiologic and healthcare applications	Code ● 100% EPO manufactured	Product
<i>Achillea millefolium</i> L.	YARROW	Compositae (Asteraceae)	aereal part	Digestive, cholagogue, spasmolytic, carminative. Hypotensive. Anti-dysmenorrheic. Wounds healing. Anti-inflammatory. Antimicrobial. Topical use: anti-dandruff, cleansing, masking, refreshing, skin conditioning, soothing, tonic.	● 0100320 ● 4000300	Fluid extract Glycolic extract
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT	Hypocastanaceae	bark	Astringent. Digestive. Anti-diaphoretic. Vasoconstrictor (used in peripheral venous disorders such as heaviness of legs, varicose veins and hemorrhoids). Topical use: astringent, skin conditioning, tonic.	● 3536103 ● 3536115 ● 0136130	Dry extract 3.0-4.0 Aescine Dry extract 15.0 Aescine Add. Fluid extract
<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT	Hypocastanaceae	seed (conker)	Vasoconstrictor (used in peripheral venous disorders such as heaviness of legs, varicose veins and hemorrhoids). Topical use: skin conditioning.	3518320 ● 0218330 ● 4118300 ● 1818365.1	Dry extract 18.0-22.0 Triterp. glycosides as Aescine Fluid extract Glycolic extract Tincture DER 10/1
<i>Agrimonia eupatoria</i> L.	AGRIMONY	Rosaceae	aereal part	Digestive. Mild astringent. Anti-inflammatory for throat and skin. Topical use: astringent.	● 3001000 ● 0101020	Dry extract DER 4/1 Fluid extract
<i>Allium sativum</i> L.	GARLIC	Amaryllidaceae (Liliaceae)	bulb	Hypotensive. Hypocholesterolemic and hypolipidemic. Relief of the symptoms of cold. Digestive. Antioxidant. Antiseptic. Topical use: skin conditioning.	3100701 3100703 ● 4000700	Dry extract > 1.0 Alliin Dry extract > 3.0 Alliin Glycolic extract
<i>Aloe barbadensis</i> Mill. (syn. <i>Aloe vera</i> (L.) Burm.f.)	ALOE	Xanthorrhoeaceae (Liliaceae)	gel	Emollient and soothing for the digestive system. Depurative. Anti-inflammatory for throat and respiratory system. Immune system booster. Topical use: skin conditioning.	7337502 ● 4037500	Powder gel 200:1 < 1.0 Barbaloin Glycolic extract
<i>Aloe barbadensis</i> Mill. (syn. <i>Aloe vera</i> (L.) Burm.f.)	ALOE	Xanthorrhoeaceae (Liliaceae)	dried juice	Laxative effect. Digestive. Hepatoprotective. Topical use: skin conditioning.	3101410 3101420	Dry extract ≥ 10.0 Anhydrous Barbaloin Dry extract 19.0-22.0 Anhydrous Barbaloin
<i>Aloysia citriodora</i> Palau	LEMON-SCENTED VERVAIN, HERB LOUISA, LEMON (GRASS) VERBENA	Verbenaceae	leaf	Digestive, spasmolytic, carminative. Relief of mild symptoms of mental stress. Antioxidant. Topical use: astringent, perfuming.	● 3032700	Dry extract DER 4/1
<i>Althaea officinalis</i> L.	MARSHMALLOW	Malvaceae	root	Anti-inflammatory, emollient and soothing for the digestive, urinary and respiratory systems (used for mild gastrointestinal discomfort and sore throat). Antitussive. Mild laxative. Hypoglycemic. Topical use: skin conditioning.	● 3001600 ● 3101630 ● 0101620 ● 4001600	Dry extract DER 4/1 Dry extract 27.0-33.0 Polysaccharides Fluid extract Glycolic extract
<i>Ananas comosus</i> (L.) Merr (syn. <i>Ananas sativus</i> L.)	PINEAPPLE	Bromeliaceae	flower stem	Digestive. Diuretic (used in heaviness of legs). Weight loss aid. Anti-cellulite. Anti-inflammatory.	● 3801900 ● 3101900 3101925 ● 0201940 ● 4001900	Dry extract ≥ 0.1 Bromelain Dry extract ≥ 0.3 Bromelain Dry extract 250 GDU Fluid extract Glycolic extract
<i>Angelica archangelica</i> L.	GARDEN ANGELICA	Apiaceae (Umbelliferae)	root	Digestive. Appetite stimulant. Spasmolytic, carminative. Expectorant. Topical use: masking, perfuming, skin conditioning.	● 3002100 ● 0102130	Dry extract DER 4/1 Fluid extract
<i>Angelica sinensis</i> (Oliv) Diels	DONG QUAI	Apiaceae (Umbelliferae)	root	Also called "female ginseng": relief of menstrual and menopause symptoms. Digestive. Anticoagulant and anti-atherosclerotic. Topical use: skin conditioning.	● 0102230	Fluid extract
<i>Arctium lappa</i> L.	BURDOCK	Compositae (Asteraceae)	root	Depurative, diuretic action. Hepatoprotective. Anti-acne. Anti-inflammatory, anti-rheumatic. Topical use: skin conditioning. Also used in case of seborrheic skin conditions.	● 3104702.R ● 3504720 ● 3004700 ● 0104720 ● 4004700	Dry extract ≥ 2.0 Inulin Dry extract ≥ 20.0 Inulin Dry extract DER 4/1 Fluid extract Glycolic extract
<i>Arctostaphylos uva-ursi</i> (L.) Spreng.	BEARBERRY	Ericaceae	leaf	Diuretic, astringent, antimicrobial (used for recurrent cystitis). Topical use: skin conditioning. Also used for skin whitening.	● 3032100 ● 3132120 ● 0132120 ● 1832155.1	Dry extract ≥ 10.0 Arbutin Dry extract ≥ 20.0 Arbutin Fluid extract Tincture DER 10/1
<i>Armoracia rusticana</i> P. Gaertn., B. Mey. et Scherb. (syn. <i>Cochlearia armoracia</i> L.)	HORSE RADISH	Brassicaceae (Cruciferae)	root	Expectorant. Diuretic, antimicrobial (used in urinary tract infections, gout, rheumatism and stones). Topical use: masking.	● 3027200	Dry extract DER 4/1
<i>Arnica montana</i> L.	ARNICA	Compositae (Asteraceae)	flower (head)	For topical use only: masking, perfuming, skin conditioning. Also used as antiseptic, in wound healing and for the relief of bruises, sprains, localised muscular pain and rheumatic complaints. Treatment of alopecia.	● 3803301 ● 1803365.2	Dry extract 0,1% Sesquiterpenes Lactones Tincture Ph. Eu. ≥ 0.1 Sesquiterpenes Lactones
<i>Arnica montana</i> L. et <i>Arnica</i> spp.	ARNICA	Compositae (Asteraceae)	flower (head)	For topical use only: masking, perfuming, skin conditioning. Also used as antiseptic, in wound healing and for the relief of bruises, sprains, localised muscular pain and rheumatic complaints. Treatment of alopecia.	● 3003300 ● 0103330 ● 4003300	Dry extract DER 4/1 Fluid extract Glycolic extract
<i>Artemisia absinthium</i> L.	COMMON WORMWOOD	Compositae (Asteraceae)	flowering top and leaf	Digestive. Appetite stimulant. Spasmolytic, carminative. Anti-dysmenorrheic. Topical use: skin conditioning.	● 0203920	Fluid extract
<i>Asparagus officinalis</i> L.	ASPARGUS	Asparagaceae (Liliaceae)	root	Depurative, diuretic, antimicrobial (used in urinary tract infections, kidney and bladder stones). Topical use: skin conditioning.	● 3003700 ● 0103720	Dry extract DER 4/1 Fluid extract

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<i>Astragalus membranaceus</i> Bunge	ASTRAGALUS	Leguminosae (Fabaceae)	root	Immune system booster. Antioxidant. Antimicrobial and antiviral. Hepatoprotective. Prevention of cardiovascular disease. Topical use: emollient, skin conditioning.	3134212 3134270	Dry extract ≥ 16.0 Polysaccharides Dry extract ≥ 70.0 Polysaccharides
<i>Avena sativa</i> L.	OAT	Poaceae (Gramineae)	fruit (kernels)	Relief of mild symptoms of mental stress. Emollient and soothing (digestive system). Spasmolytic, carminative. Weight loss aid. Antioxidant. Helps in smoking cessation. Prevention of cardiovascular disease. Topical use: abrasive, antioxidant, emollient, skin conditioning.	● 3004000 ● 0104025	Dry extract DER 4/1 Fluid extract
<i>Berberis vulgaris</i> L.	BARBERRY	Berberidaceae	root bark and stem bark	Digestive. Hepatoprotective. Laxative. Topical use: skin conditioning.	● 3011800	Dry extract DER 4/1
<i>Betula pendula</i> Roth	COMMON WHITE BIRCH	Betulaceae	leaf	Diuretic, depurative (also used in cystitis for flushing the urinary tract). Weight loss aid.	● 3505302 ● 3505301 ● 0205320 ● 1805365.1 ● 4005300	Dry extract ≥ 2.5 Hyperoside Dry extract ≥ 1.0 Hyperoside Fluid extract Tincture DER 10/1 Glycolic extract
<i>Boswellia serrata</i> Roxb. ex. Colebr.	BOSWELLIA	Burseraceae	gum resin	Digestive. Anti-arthritis. Anti-asthmatic. Anti-inflammatory (also used in colon diseases). Used in ayurvedic medicine as <i>rasayana</i> (rejuvenative). Topical use: soothing, tonic.	3536765 ● 0236780	Dry extract 65% boswellic acid Fluid extract min. 5% boswellic acid
<i>Calendula officinalis</i> L.	POT MARIGOLD	Compositae (Asteraceae)	flower (head)	Anti-inflammatory, emollient and soothing for the respiratory system, tone of voice. Skin soothing (sunburn, wound healing). Anti-ulcer. Emmenagogue, anti-dysmenorrhoeic. Topical use: masking, perfuming, skin conditioning. Anti-acne.	● 3006600 ● 0106620 ● 1806665.1 ● 4006600	Dry extract DER 4/1 Fluid extract Tincture DER 10/1 Glycolic extract
<i>Camellia sinensis</i> (L.) Kuntze	GREEN TEA	Theaceae	leaf (not subjected to fermentation processes)	Diuretic, depurative. Weight loss aid. Anti-diarrheal and gut microflora regulation. Tonic, energizer. Antioxidant, free radical scavenger. Anti-inflammatory. Dental caries prevention. Prevention of cardiovascular disease. Topical use: antimicrobial, antioxidant, astringent, emollient, masking, oral care, skin conditioning, skin protecting, tonic, UV filter.	3131150 3531195 ● 3131105 ● 3831100 ● 0231130	Dry extract ≥ 50.0 Polyphenols > 30.0 Catechins Dry extract > 95.0 Polyphenols > 65.0 Catechins Dry extract ≥ 5.0 Caffeine Dry extract ≥ 1.0 Caffeine Fluid extract ≥ 1.0 Caffeine
<i>Carica papaya</i> L.	PAPAYA (PAPAW)	Caricaceae	dried fruit	Immune system booster. Anti-inflammatory. Antioxidant. Digestive. Wound healing. Topical use: skin conditioning. Also used as keratolytic and skin whitening agent.	● 3835600.1	Dry extract DER 4/1
<i>Carum carvi</i> L.	CARAWAY	Apiaceae (Umbelliferae)	fruit	Digestive. Spasmolytic, carminative (also used for baby and infant colic). Expectorant. Galactagogue and emmenagogue. Flavouring agent. Antimicrobial. Topical use: perfuming.	● 3008300 ● 3108302	Dry extract DER 4/1 Dry extract 2.5-3.0 Polyphenols
<i>Cassia angustifolia</i> M. Vahl.	SENNA	Leguminosae (Fabaceae)	leaf	Laxative. Topical use: skin conditioning.	3130206.E	Dry extract 6.0-8.0 total Sennosides
<i>Cassia fistula</i> L.	CASSIA FISTULA (GOLDEN SHOWER TREE, INDIAN LABURNUM)	Leguminosae (Fabaceae)	fruit	Laxative. Antimicrobial. Topical use: skin conditioning.	● 3008600	Dry extract DER 4/1
<i>Castanea sativa</i> Miller	CHESTNUT TREE	Fagaceae	young shoot	Expectorant. Anti-diarrheal. Antioxidant. Topical use: skin conditioning, soothing.	● 3008700 ● 0108720 ● 0109120	Dry extract DER 4/1 Fluid extract Fluid extract
<i>Centaurium erythraea</i> Rafn	BANWORT	Gentianaceae	aerial part with flower	Digestive (used in mild dyspeptic/gastrointestinal disorders). Appetite stimulant. Topical use: skin conditioning.	● 3509202 ● 3109203 ● 3509220 ● 0109230 ● 1809260.1 ● 4009200	Dry extract ≥ 2.0 Total Triterp. derivatives Dry extract ≥ 3.0 Total Triterp. derivatives Dry extract ≥ 20.0 Total Triterp. derivatives Fluid extract Tincture DER 10/1 Glycolic extract
<i>Centella asiatica</i> (L.) Urban	GOTU KOLA (CENTELLA, INDIAN PENNYWORT)	Apiaceae (Umbelliferae)	leaf	Vasoconstrictor (used in heaviness of legs, varicose veins and haemorrhoid). Anti-cellulite. Anti-inflammatory. Memory and cognitive enhancer. Anti-stress. Topical use: skin conditioning.	● 3019400 ● 3119403.L ● 0119420	Dry extract DER 4/1 Dry extract > 30.0 Polysaccharides Fluid extract
<i>Cetraria islandica</i> (L.) Ach.	ICELAND MOSS	Parmeliaceae	thallus	Anti-inflammatory, emollient and soothing for the respiratory system, tone of voice. Expectorant. Digestive. Appetite stimulant. Immune system booster. Topical use: cleansing, emollient, soothing, smoothing.	3542808	Dry extract ≥ 8.0 Catechins, Flavan Dimers
<i>Chamaecrista nomame</i> (Sieber) H. Ohashi (syn. <i>Cassia minosoides</i> L. var. <i>nomame</i> (Siebold) Makino)	CASSIA NOMAME	Leguminosae (Fabaceae)	aerial part	Weight loss aid. Hypocholesterolemic and hypolipidemic. Topical use: skin conditioning.	● 3009900	Dry extract DER 4/1
<i>Chrysanthellum americanum</i> (L.) Vatke	CHRYSANTHELLUM AMERICANUM	Compositae (Asteraceae)	whole plant	Prevention of cardiovascular disease. Digestive. Hepatoprotective. Topical use: skin conditioning.	● 3010000 ● 0110020	Dry extract DER 4/1 Fluid extract
<i>Cichorium intybus</i> L.	CHICORY	Compositae (Asteraceae)	root	Prevention of cardiovascular disease. Digestive. Appetite stimulant. Hepatoprotective. Prebiotic (fiber-rich). Weight loss aid. Topical use: masking, skin conditioning.	● 0209630	Fluid extract
<i>Cinchona succirubra</i> Pav. ex Klotzsch	CINCHONA	Rubiaceae	bark	Digestive. Carminative. Anti-diarrheal. Diaphoretic (anti-pyretic). Topical use: hair conditioning, skin conditioning.		Fluid extract

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<i>Cinnamomum verum</i> J.Presl. (syn. <i>Cinnamomum zeylanicum</i> Blume)	CINNAMON	Lauraceae	bark	Digestive. Appetite stimulant. Spasmolytic, carminative. Anti-diarrheal. Antioxidant. Hypoglycemic. Antimicrobial. Flavouring agent. Used in ayurvedic medicine as cardio-tonic. Topical use: antimicrobial, antioxidant, astringent, humectant, emollient, perfuming, skin conditioning, skin protecting.	● 3007100 ● 3507130	Dry extract DER 4/1 Dry extract ≥ 30.0 Polyphenols
<i>Citrus aurantium</i> L. var. <i>dulcis</i> L.	SWEET ORANGE	Rutaceae (Aurantiaceae)	pericarp	Relief of mild symptoms of mental stress (sleep aid). Digestive. Appetite stimulant. Spasmolytic and carminative. Flavouring agent. Topical use: binding, emulsion stabilising, perfuming, skin conditioning, viscosity controlling.	● 3002900 ● 0202920	Dry extract DER 4/1 Fluid extract
<i>Citrus aurantium</i> L. ssp. <i>aurantium</i> (syn. <i>Citrus aurantium</i> L. ssp. <i>amara</i> Engl.)	BITTER ORANGE	Rutaceae (Aurantiaceae)	pericarp	Digestive. Carminative. Flavouring agent. Topical use: masking, refreshing, skin conditioning.	● 0202820	Fluid extract
<i>Citrus paradisi</i> Macfad.	GRAPEFRUIT	Rutaceae	fresh fruit	Antioxidant. Capillary resistance improvement. Depurative. Weight-loss aid. Topical use: skin conditioning.	● 3025900	Dry extract DER 4/1
<i>Citrus paradisi</i> Macfad.	GRAPEFRUIT	Rutaceae	seed	Antioxidant. Capillary resistance improvement. Depurative. Antimicrobial. Topical use: masking, perfuming. Anti-ageing.	3125950 3125910	Dry extract (GSE) ≥ 50.0 Bioflavonoids Dry extract (GSE) ≥ 10.0 Bioflavonoids
<i>Coffea arabica</i> L.	GREEN COFFEE	Rubiaceae	seed	Tonic. Metabolism booster. Weight-loss aid. Antioxidant. Flavouring agent. Topical use: masking, skin conditioning. Anti-cellulite.	3134845 3134850	Dry extract ≥ 45.0 Chlorogenic acids Dry extract ≥ 50.0 Chlorogenic acids
<i>Cola nitida</i> (Vent.) Schott et Endl. <i>Cola acuminata</i> (P.Beauv.) Schott et Endl.	KOLA	Malvaceae (Sterculiaceae)	seed (nut)	Relief of mild symptoms of physical and mental stress. Tonic. Metabolism booster. Topical use: skin conditioning.	● 3111010 ● 0411030	Dry extract ≥ 10.0 Caffeine Fluid extract ≥ 1.0 Caffeine
<i>Combretum micranthum</i> G. Don.	COMBRETUM (KINKELIBA)	Combretaceae	leaf	Digestive. Hepatoprotective. African traditional remedy for malaria and hepatitis. Topical use: skin conditioning.	● 3011200	Dry extract DER 4/1
<i>Coriandrum sativum</i> L.	CORIANDER	Apiaceae (Umbelliferae)	fruit	Digestive. Appetite stimulant. Spasmolytic, carminative. Hypoglycemic. Antioxidant. Flavouring agent. Topical use: antimicrobial, flavouring, perfuming.	● 3011700	Dry extract DER 4/1
<i>Crataegus curvisepala</i> Lind. (syn. <i>Crataegus oxyacantha</i> L.)	HAWTHORN	Rosaceae	flower and leaf	Cardio-tonic, coronary dilator agent, antiarrhythmic, regulation of blood pressure. Antioxidant. Relief of mild symptoms of mental stress and sleep aid. Topical use: skin conditioning.	● 3105401 ● 3105402 ● 0205430 ● 1805465.1	Dry extract ≥ 1.0 Total Flavonoids as Hyperoside Dry extract ≥ 2.5 Total Flavonoids as Hyperoside Fluid extract Tincture DER 10/1
<i>Cucurbita maxima</i> Duchesne	PUMPKIN	Cucurbitaceae	seed (dehulled)	Diuretic, depurative (also used in urinary stones). Anti-prostatic (used in BPH). Anti-helminthic. Topical use: humectant, skin conditioning. Anti-seborrheic, treatment of alopecia.	● 3035700	Dry extract DER 4/1
<i>Cuminum cyminum</i> L.	CUMIN	Apiaceae (Umbelliferae)	fruit	Digestive. Spasmolytic, carminative. Emmenagogue, galactagogue. Flavouring agent. Antimicrobial. Topical use: perfuming.	● 3012000	Dry extract DER 4/1
<i>Cupressus sempervirens</i> L.	CYPRESS (ITALIAN CYPRESS)	Cupressaceae (Coniferae)	fruit (cone)	Digestive. Hepatoprotective. Vasoconstrictor. Capillary resistance improvement. Balsamic, expectorant. Anti-dysmenorrhic. Topical use: perfuming, skin conditioning, tonic.	● 3010400 ● 0210430	Dry extract DER 4/1 Fluid extract
<i>Curcuma longa</i> L.	TURMERIC	Zingiberaceae	rizhome	Digestive, anti-ulcer. Appetite stimulant. Hepatoprotective. Antioxidant. Anti-inflammatory (used in osteoarthritis, gout and rheumatoid arthritis). Anti-dysmenorrhic, emmenagogue. Antiseptic, anti-helminthic. Flavouring agent. Topical use: skin conditioning.	● 3012100 ● 0112150 3512195	Dry extract DER 4/1 Fluid extract Dry extract 95% Curcumin
<i>Cynara scolymus</i> L.	ARTICHOKE	Compositae (Asteraceae)	cauline leaf	Digestive. Appetite stimulant. Hepatoprotective. Carminative. Depurative. Hypolipidemic. Antioxidant. Topical use: skin conditioning.	● 3107602 ● 3107605 ● 0207620	Dry extract ≥ 2.5 Chlorogenic acid Dry extract ≥ 5.0 Chlorogenic acid Fluid extract
<i>Daucus carota</i> L.	CARROT	Apiaceae (Umbelliferae)	root	Mild diuretic. Digestive. Carminative. Anti-helminthic and antimicrobial. Vision improvement. Topical use: skin conditioning.	● 3008100 ● 53G08101.C	Dry extract DER 4/1 Liposoluble extract
<i>Drosera ramentacea</i> Burch. ex DC.	SUNDEW	Droseraceae	herb	Expectorant. Emollient and soothing for the respiratory system, tone of voice. Anti-inflammatory. Topical use: skin conditioning.	● 3064300 ● 0164320	Dry extract DER 4/1 Fluid extract
<i>Echinacea angustifolia</i> DC.	ECHINACEA (CONEFLOWER)	Compositae (Asteraceae)	root	Immune system booster. Relief of cold/flu symptoms. Anti-inflammatory. Antibacterial (used in urinary tract infections), antimycotic (used in candidiasis). Topical use: skin conditioning, hair conditioning, nail conditioning. Wound healing.	3112700 3512706 3512704 ● 0112750 ● 1812755.1 ● 4012700	Dry extract ≥ 0.1 Echinacoside Dry extract ≥ 0.6 Echinacoside Dry extract ≥ 4.0 Echinacoside Fluid extract Tincture DER 10/1 Glycolic extract
<i>Echinacea purpurea</i> Moench	ECHINACEA PURPUREA (PURPLE CONEFLOWER)	Compositae (Asteraceae)	aereal part	Immune system booster. Relief of cold/flu symptoms. Anti-inflammatory. Antibacterial (used in urinary tract infections). Topical use: skin conditioning. Wound healing.	● 3156504	Dry extract ≥ 4.0 Total Polyphenols

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<i>Echinacea purpurea</i> Moench	<b>ECHINACEA PURPUREA (PURPLE CONEFLOWER)</b>	Compositae (Asteraceae)	root	Immune system booster. Relief of cold/flu symptoms. Anti-inflammatory. Antibacterial (used in urinary tract infections), antimycotic (used in candidiasis). Topical use: masking, skin conditioning, tonic. Wound healing	● 0112850	Fluid extract
<i>Eleutherococcus senticosus</i> (Rupr. et Maxim.) Maxim (syn. <i>Acanthopanax senticosus</i> (Rupr. et Maxim.) Harms.)	<b>SIBERIAN GINSENG</b>	Araliaceae	root	Tonic, adaptogen. Memory and cognitive enhancer. Relief of asthenia (fatigue and weakness). Immune system booster. Topical use: astringent.	3113205 3113208 ● 0213220	Dry extract ≥ 0.4 Eleuteraside-5.0 Sapon. Dry extract ≥ 0.8 Eleuteraside Fluid extract
<i>Elymus repens</i> (L.) Gould (syn. <i>Agropyron repens</i> (L.) P. Beauv.)	<b>COUCH GRASS</b>	Poaceae (Gramineae)	rizhorne	Diuretic, depurative (also used for flushing the urinary tract, in minor urinary complaints, such as kidney and bladder stones). Topical use: masking, skin conditioning.	● 3017400 ● 0117420	Dry extract DER 4/1 Fluid extract
<i>Epilobium angustifolium</i> L.	<b>FIREWEED (WILLOW HERB)</b>	Onagraceae	aereal part	Digestive. Anti-diarrheal (also used in IBS). Anti-inflammatory. Antioxidant. Antimicrobial. Anti-prostatic (also used in BPH). Topical use: skin conditioning.	● 0113520 ● 3013500.1 ● 3113502	Fluid extract Dry extract DER 4/1 Dry extract 2.0 Flavonoids
<i>Equisetum arvense</i> L.	<b>HORSE-TAIL</b>	Equisetaceae	sterile aereal part	Diuretic, depurative (also used for flushing the urinary tract, in minor urinary complaints, such as kidney and bladder stones). Wound healing. Nail and hair beauty booster. Topical use: astringent, emollient, soothing, tonic.	3110900 3110902 3110907 ● 0110920 ● 1810955.1 ● 4010900	Dry extract ≥ 1.0 Silica Dry extract 2.0-3.0 Silica Dry extract 7.0 Silica Fluid extract Tincture DER 10/1 Glycolic extract
<i>Eschscholzia californica</i> Cham.	<b>CALIFORNIAN POPPY</b>	Papaveraceae	flowering top	Relief of mild symptoms of mental stress and sleep aid. Topical use: skin conditioning.	● 3813902 ● 3013900 ● 0113930 ● 1813945.1	Dry extract ≥ 0.20 Protopine Dry extract ≥ 0.35 Protopine Fluid extract Tincture DER 10/1
<i>Eucalyptus globulus</i> Labill.	<b>EUCALYPTUS</b>	Myrtaceae	leaf from mature branches	Balsamic. Anti-inflammatory, emollient and soothing for the respiratory system (used in the relief of cough associated with cold), tone of voice. Topical use: perfuming, skin conditioning.	● 3014000 ● 0214020	Dry extract DER 4/1 Fluid extract
<i>Ficus carica</i> L.	<b>FIG</b>	Moraceae	leaf	Digestive. Anti-diarrheal. Anti-inflammatory, bchic. Hypoglycemic, hypolipidemic. Antioxidant. Topical use: skin conditioning. Anti-helminthic.	● 3562102	Ficusphen ® Dry extract ≥ 2.5 Polyphenols
<i>Ficus carica</i> L.	<b>FIG</b>	Moraceae	fruit	Laxative. Emollient. Topical use: humectant.	● 0114730	Fluid extract
<i>Filipendula ulmaria</i> (L.) Maxim (syn. <i>Spiraea ulmaria</i> L.)	<b>MEADOWSWEET</b>	Rosaceae	flower and leaf	Digestive. Diuretic, depurative (used in urolithiasis and cystitis). Anti-inflammatory, anti-rheumatic. Diaphoretic. Topical use: skin conditioning.	● 3131902 ● 0131920	Dry extract ≥ 0.2 Salicylic acid Fluid extract
<i>Foeniculum vulgare</i> Miller	<b>FENNEL</b>	Apiaceae (Umbelliferae)	fruit	Digestive. Spasmolytic, carminative (also used for baby and infant). Depurative. Anti-dysmenorrhic, emmenagogue, galactagogue. Expectorant (used in cough associated with cold). Flavouring agent. Topical use: emollient, skin conditioning, soothing, tonic.	● 3014900 ● 3514905 ● 0214930	Dry extract DER 4/1 Dry extract ≥ 0.5 Essential oil Fluid extract
<i>Fraxinus excelsior</i> L.	<b>EUROPEAN ASH</b>	Oleaceae	leaf	Diuretic (also used for flushing the urinary tract). Anti-arthritic (used in rheumatism and gout). Laxative. Topical use: skin conditioning.	● 3115402 ● 0115420	Dry extract ≥ 2.0 Chlorogenic acid Fluid extract
<i>Fucus vesiculosus</i> L.	<b>BLADDERWRACK</b>	Fucaceae	thallus	Weight loss aid. Metabolism booster. Hypolipidemic. Anti-rheumatic. Anti-inflammatory (digestive system). Topical use: perfuming.	● 3826801 ● 3826800 ● 0226840 ● 1826865.1 ● 4026800	Dry extract ≥ 0.10 Total Iodine Dry extract ≥ 0.05 Total Iodine Fluid extract 0.010-0.020 Total Iodine Tincture DER 10/1 Glycolic extract
<i>Fumaria officinalis</i> L.	<b>EARTH SMOKE (FUMITORY)</b>	Papaveraceae	aereal part with flower	Digestive. Cholagogue, spasmolytic (also used for gallbladder and biliary colic). Depurative (also for skin). Topical use: skin conditioning.	● 3115500 ● 0115530	Dry extract 0,04% Protopine Fluid extract
<i>Galega officinalis</i> L.	<b>GOAT'S RUE</b>	Leguminosae (Fabaceae)	aereal part with flower	Metabolism enhancer (hypoglycemic). Diuretic. Weight loss aid. Galactagogue. Topical use: skin conditioning.	● 3015700 ● 0115720	Dry extract DER 4/1 Fluid extract
<i>Garcinia gummi-gutta</i> (L.) Roxb. (syn. <i>Garcinia cambogia</i> (Gaernt) Desr.)	<b>GAMBOGE</b>	Clusiaceae (Guttiferae)	fruit	Metabolism enhancer (hypolipidemic). Weight loss aid. Appetite suppressant. Topical use: astringent.	3115860	Dry extract 60% (calcium Salt)
<i>Gentiana lutea</i> L.	<b>YELLOW GENTIAN (BITTERWORT)</b>	Gentianaceae	root	Digestive. Appetite stimulant. Cholagogue. Spasmolytic, carminative. Topical use: skin conditioning.	● 3016100 ● 0116120	Dry extract DER 4/1 Fluid extract
<i>Ginkgo biloba</i> L.	<b>GINKGO</b>	Ginkgoaceae	leaf	Antioxidant. Anti-inflammatory. Memory and cognitive enhancer. Improvement of symptoms associated with poor cerebral blood circulation such as: atherosclerosis, Alzheimer disease, vertigo, tinnitus and intermittent claudication. Used in peripheral venous disorders such as heaviness of legs and the sensation of cold hands and feet. Topical use: skin conditioning. Anti-ageing.	3116803 3516824 ● 0216830 ● 1816865.1 ● 4016800	Dry extract ≥ 3.0 Tot. Ginkgoflavonoidi Dry extract ≥ 24.0 Tot. Ginkgoflavonoidi - 6.0 Terpenelactones <5ppm Ginkolic acid Fluid extract Tincture DER 10/1 Glycolic extract

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<i>Glycine max</i> (L.) Merr.	SOYBEAN	Leguminosae (Fabaceae)	seed	Relief of menopausal ailments. Hypolipidemic. Antioxidant. Topical use: hair conditioning, skin conditioning, skin protecting. Also used for the relief of dry skin conditions associated with mild recurrent eczema.	3530340	Dry extract ≥ 40.0 Isoflavones
<i>Glycyrrhiza glabra</i> L.	LICORICE	Leguminosae (Fabaceae)	root	Digestive, anti-inflammatory (used in burning sensation, gastric ulcer and dyspepsia). Expectorant, anti-inflammatory (used in cough associated with cold). Antiseptic. Hypertensive (mineralcorticoid effect). Anti-arthritis. Flavouring agent. Topical use: bleaching, emollient, perfuming, skin conditioning, smoothing, soothing.	3119710 3119719 ● 0219720 3119700	Dry extract ≥ 10.0 Glycirrhizic acid Dry extract ≥ 19.0 Glycirrhizic acid Fluid extract 1.0-4.0 Glycirrhizic acid Dry extract (deglycirrhizinated)
<i>Griffonia simplicifolia</i> (DC.) Baill.	GRIFFONIA SIMPLICIFOLIA	Leguminosae (Fabaceae)	dried seed	Mood enhancer. Relief of mild symptoms of mental stress and sleep aid. Appetite suppressant. Topical use: skin conditioning.	3838710 3538720 3538795 3538799	Dry extract ≥ 10.0 5-HTP Dry extract ≥ 20.0 5-HTTP Dry extract ≥ 95%- 5-HTP Dry extract ≥ 99%- 5-HTTP
<i>Grindelia robusta</i> Nutt.	GRINDELIA (GUMWEED)	Compositae (Asteraceae)	flowering top	Balsamic. Emollient and soothing for the respiratory system (used in the relief of cough associated with cold), tone of voice. Topical use: skin conditioning, tonic.	● 3017500 ● 0117520	Dry extract DER 4/1 Fluid extract
<i>Hamamelis virginiana</i> L.	WITCH-HAZEL	Hamamelidaceae	leaf	Vasoconstrictor and hemostatic (used for the relief of itching and burning associated with haemorrhoids and varicose veins). Anti-diarrheal. Antioxidant. Relief of menstrual and menopause symptoms. Topical use: skin conditioning. Anti-inflammatory for the skin and oral cavity (mouthwash and gargles).	● 3101710 ● 3101705 ● 0201730 ● 1801755.1 ● 4001700	Dry extract ≥ 10.0 Tannins Dry extract ≥ 5.0 Tannins Fluid extract Tincture DER 10/1 Glycolic extract
<i>Harpagophytum procumbens</i> (Burch.) DC.	DEVIL'S CLAW	Pedaliaceae	tuber of secondary roots	Anti-inflammatory, anti-arthritis, anti-rheumatic. Digestive (used in dyspeptic complaints). Appetite stimulant. Topical use: skin conditioning.	3103602 3503602 ● 0103620	Dry extract ≥ 1.5 Arpagoside Dry extract ≥ 2.5 Arpagoside Fluid extract
<i>Hedera helix</i> L.	IVY	Araliaceae	leaf	Expectorant. Topical use: skin conditioning. Anti-cellulite.	● 3512910 ● 3512910E ● 0112930 ● 4012900	Dry extract ≥ 1.0 Hederagenin Dry extract ≥ 10.0 Hederacoside C Fluid extract Glycolic extract
<i>Helichrysum stoechas</i> (L.) Moench	EVERLASTING	Compositae (Asteraceae)	inflorescence	Expectorant. Anti-inflammatory for throat and respiratory system, bechic. Digestive. Hepatoprotective. Topical use: hair conditioning, perfuming, skin conditioning.	● 3013300 ● 0113320	Dry extract DER 4/1 Fluid extract
<i>Hibiscus sabdariffa</i> L.	ROSELLE (RED SORREL)	Malvaceae	flower	Laxative. Diuretic. Antioxidant. Hypotensive. Antimicrobial, anti-inflammatory (used in urinary tract infections). Topical use: skin conditioning.	● 3007500	Dry extract DER 4/1
<i>Hieracium pilosella</i> L.	COMMON HAWKWEED, MOUSE EAR	Compositae (Asteraceae)	aerial part	Diuretic (also used for flushing the urinary tract and minor urinary complaints). Diaphoretic. Spasmolytic. Expectorant. Topical use: masking, skin conditioning. Anti-cellulite.	● 3425004 ● 3425001 ● 0125030 ● 3151210	Dry extract ≥ 0.4 Vitexin Dry extract ≥ 1.0 Vitexin Fluid extract
<i>Hippophae rhamnoides</i> L.	SEA BUCKTHORN	Elaeagnaceae	fruit	Laxative. Digestive. Tonic (used in physical and mental fatigue). Skin care. Antioxidant. Topical use: skin conditioning. Wound healing.	● 3020000 ● 3120004 ● 0120030	Dry extract ≥ 0.1 Flavonoids Dry extract ≥ 0.4 Flavonoids Fluid extract
<i>Humulus lupulus</i> L.	HOPS	Cannabaceae (Urticaceae)	female inflorescence	Relief of mild symptoms of mental stress and anxiety, sleep aid. Digestive. Flavouring agent. Topical use: antimicrobial, antiperspirant, hair conditioning.	3518203 ● 0118220	Dry extract ≥ 0.3 Hypericin Fluid extract 0.002-0.005 Hypericin
<i>Hypericum perforatum</i> L.	ST. JOHN'S WORT	Hypericaceae	aerial part with flower	Mood enhancer. Relief of mild symptoms of mental stress and anxiety. Anti-diarrheal. Balsamic. Antimicrobial. Antioxidant. Topical use: skin conditioning. Skin soothing (sunburn) and healing of minor wounds.	● 0118620	Fluid extract
<i>Hyssopus officinalis</i> L.	HYSSOP	Lamiaceae (Labiatae)	flowering top	Expectorant. Emollient and soothing for the respiratory system. Digestive. Carminative. Topical use: perfuming.	● 3120904 ● 3120908 ● 0220950	Dry extract ≥ 4.0 Caffeine Dry extract ≥ 8.0 Xantines ; ≥ 7.0 Caffeine Fluid extract > 1.0 Caffeine
<i>Ilex paraguariensis</i> A.St.-Hil	YERBA MATE (PARAGUAY TEA)	Aquifoliaceae	leaf	Antioxidant. Diuretic (also used for flushing the urinary tract and minor urinary complaints). Weight loss aid. Tonic (used in physical and mental fatigue). Metabolism booster. Hypolipidemic. Topical use: hair conditioning, perfuming, skin conditioning.	● 3002400	Dry extract DER 4/1
<i>Illicium verum</i> Hook.f.	STAR ANISE	Schisandraceae (Magnoliaceae)	fruit	Digestive. Appetite stimulant. Spasmolytic, carminative. Expectorant. Balsamic. Topical use: perfuming, skin conditioning.	● 3013400 ● 0113420 ● 0216540	Dry extract DER 4/1 Fluid extract
<i>Inula helenium</i> L.	ELECAMPANE	Compositae (Asteraceae)	root and rizhome	Expectorant, antiseptic. Digestive. Carminative. Topical use: masking, skin conditioning.	● 3013400 ● 0113420 ● 0216540	Fluid extract
<i>Juniperus communis</i> L.	JUNIPER	Cupressaceae	ripe cone (berry)	Digestive (used in dyspepsia and flatulence). Depurative. Diuretic (also used for flushing the urinary tract and minor urinary complaints). Anti-inflammatory. Anti-rheumatic (also used for gout). Balsamic. Topical use: perfuming, skin conditioning. Also used as adjuvant in the relief of minor muscle and articular pain.	3539101	Dry extract ≥ 0.5 Alkaloids
<i>Justicia adhatoda</i> L. (syn. <i>Adhatoda vasica</i> Nees)	ADHATODA VASICA	Acanthaceae	leaf	Expectorant, bechic. Anti-asthmatic. Antibacterial, anti-inflammatory for the respiratory system.	3539101	Dry extract ≥ 0.5 Alkaloids

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<i>Krameria lappacea</i> (Dombey) Burdet & B.B. Simpson (syn. <i>Krameria triandra</i> Ruiz et Pavon)	RHATANY	Krameriaceae	root	Anti-diarrheal. Relief of menstrual cycle ailment. Astringent. Anti-inflammatory for the throat. Topical use: skin conditioning. Astringent.	• 3127310	Dry extract DER 4/1
<i>Lagerstroemia speciosa</i> (L.) Pers.	BANABA	Lythraceae	leaf	Anti-inflammatory for the digestive system and gut (used for ulcerative colitis complaints). Hypoglycemic. Topical use: skin conditioning.	3541701	Dry extract 1% Corosolic acid
<i>Laurus nobilis</i> L.	LAUREL (BAY LEAF)	Lauraceae	leaf	Digestive. Carminative. Topical use: masking, refreshing, tonic.	• 3001300	Dry extract DER 4/1
<i>Lavandula angustifolia</i> Mill. (syn. <i>Lavandula officinalis</i> Chaix)	LAVANDER	Lamiaceae (Labiatae)	flowering top	Relief of mild symptoms of mental stress and anxiety (spasmolytic) and sleep aid. Mood enhancer. Digestive. Spasmolytic, carminative. Topical use: flavouring, masking, oral care, perfuming, skin conditioning.	• 3019200 • 0219250	Dry extract DER 4/1 Fluid extract
<i>Lepidium meyenii</i> Walp	MACA	Brassicaceae (Cruciferae)	root (tuber)	Tonic, adaptogen (used in physical and mental fatigue). Anti-stress. Metabolism booster. Sexual enhancer (according to Peruvian traditional medicine). Relief of menopausal symptoms. Topical use: skin conditioning.	• 3438500	Dry extract DER 4/1 (from organi roots)
<i>Lespedeza capitata</i> Michx.	LESPEDAZA (ROUND-HEADED BUSH CLOVER)	Leguminosae (Fabaceae)	leaf and twig	Diuretic, depurative. Prevention of cardiovascular disease (hypocholesterolemic, hypolipidemic). Topical use: skin conditioning.	• 3019300 • 0119330	Dry extract ≥ 4.0 Total Flavonoids as Rutin Fluid extract
<i>Linum usitatissimum</i> L.	LINSEED	Linaceae	seed	Laxative. Anti-inflammatory, emollient and soothing for the digestive system. Prevention of cardiovascular disease (hypolipidemic). Reduces nutrient absorption. Topical use: perfuming, skin conditioning.	• 3019600	Dry extract DER 4/1
<i>Lycium barbarum</i> L.	GOJI (WOLFBERRY)	Solanaceae	fruit (berry)	Antioxidant. Free radical scavenger. Topical use: astringent, skin conditioning, hair conditioning. Also used as anti-ageing.	3564140 3564150	Dry extract 40% Polysaccharides Dry extract 50% Polysaccharides
<i>Lythrum salicaria</i> L.	(PURPLE) LOOSESTRIFE	Lythraceae	flowering top	Anti-diarrheal (also for infants). Antimicrobial, gut microflora regulation. Anti-inflammatory for the digestive system. Topical use: astringent. Used for varicose veins, gum bleeding, haemorrhoids and eczema.	• 3028800	Dry extract DER 4/1
<i>Malpighia glabra</i> L. (syn. <i>Malpighia punicifolia</i> L.)	ACEROLA (BARBADOS CHERRY)	Malpighiaceae	fruit	Immune system booster. Relief of asthenia such as fatigue and weakness. Tonic (natural source of Vitamin C). Astringent. Antioxidant. Topical use: antioxidant.	3100225 3100250 • 0300230	Dry extract ≥ 25,0 Vitamin C Dry extract ≥ 50,0 Vitamin C Fluid extract ≥ 0.30 Vitamin C
<i>Malva sylvestris</i> L.	MALLOW	Malvaceae	leaf	Laxative. Expectorant. Anti-inflammatory, emollient and soothing for the digestive, urinary and respiratory systems. Tone of voice (used for dysphonia). Topical use: skin conditioning.	• 3020500 • 3020530 • 0120530 • 4020500	Dry extract DER 4/1 Dry extract 25-30% Polysaccharides Fluid extract Glycolic extract
<i>Marrubium vulgare</i> L.	HOREHOUND	Lamiaceae (Labiatae)	flowering top	Expectorant (used in cough associated with cold). Anti-diaphoretic. Digestive (used in dyspeptic complaints). Appetite stimulant. Carminative. Topical use: skin conditioning, soothing.	• 3020700 • 0120730	Dry extract DER 4/1 Fluid extract
<i>Marsdenia sylvestris</i> (Retz.) P.I.Forst. (syn. <i>Gymnema sylvestre</i> (Retz) R. BR.)	BROWN GYMNEMA	Apocynaceae (Asclepiadaceae)	leaf	Hypoglycemic and hypolipidemic. Appetite suppressant. Topical use: astringent.	3117825	Dry extract ≥ 25 Gymnemic acid
<i>Matricaria chamomilla</i> L. (syn. <i>Chamomilla recutita</i> (L.) Rausch., <i>Matricaria recutita</i> L.)	GERMAN CHAMOMILE	Compositae (Asteraceae)	inflorescence (head)	Digestive. Spasmolytic, carminative (also used for infant colic, gastritis and IBS). Anti-inflammatory, emollient and soothing for the digestive system, skin, and respiratory tract. Relief of mild symptoms of mental stress and anxiety, sleep aid. Antioxidant. Diaphoretic. Antiseptic. Topical use: masking, skin conditioning. Also used as hair reflexant.	3506900 3506912 • 0206930 • 4107000	Dry extract ≥ 0.3 Total Apigenin Dry extract ≥ 1.2 Total Apigenin Fluid extract Glycolic extract
<i>Medicago sativa</i> L.	ALFALFA	Leguminosae (Fabaceae)	whole plant	Hypolipidemic. Hypocholesterolemic. Relief of menopausal symptoms. Remineralizing. Topical use: tonic.	• 3001200	Dry extract DER 4/1
<i>Melilotus officinalis</i> Pallas	SWEET CLOVER	Leguminosae (Fabaceae)	aerial part (herb with flower)	Prevention of peripheral venous insufficiency (such as varicose veins, heaviness of legs and haemorrhoids, nocturnal cramps in the legs, itching and swelling). Capillary resistance improvement. Diuretic. Topical use: perfuming. Also used as astringent in discomfort and heaviness of legs and for bruises and sprains.	• 3521201 • 3521220 • 0121230	Dry extract ≥ 1.0 Coumarin Dry extract 20.0 Coumarin (ADD) Fluid extract
<i>Melissa officinalis</i> L.	LEMON BALM	Lamiaceae (Labiatae)	leaf	Digestive. Spasmolytic, carminative (used in IBS, bloating and flatulence). Relief of mild symptoms of mental stress and sleep aid. Mood enhancer. Antioxidant. Topical use: skin conditioning.	• 3021301S • 3021302S • 3021304S • 3021309S • 0121330 • 1821365.1	Dry extract ≥ 0.8 Rosmarinic acid Dry extract ≥ 2.0 Rosmarinic acid Dry extract ≥ 4.0 Rosmarinic acid Dry extract ≥ 12.0 Rosmarinic acid Fluid extract Tincture DER 10/1
<i>Mentha x piperita</i> L.	PEPPERMINT	Lamiaceae (Labiatae)	leaf	Digestive. Hepatoprotective. Spasmolytic, carminative (used for dyspepsia and flatulence). Expectorant, anti-asthma. Flavouring agent. Topical use: skin conditioning.	• 3021500 • 3521506 • 0221540 • 1821565.1	Dry extract DER 4/1 Dry extract 0,5-0,7 Rosmarinic acid Fluid extract Tincture DER 10/1

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<i>Mimosa tenuiflora</i> (Willd.) Poir.	TEPEZCOHUITE	Leguminosae (Mimosaceae)	bark	For topical use only: skin conditioning, smoothing. Also used in wound healing (Mexican traditional remedy), as antioxidant and antiseptic.	● 4721800	Glycolic extract
<i>Myroxylon balsamus</i> (L.) Harms var. <i>balsamus</i>	TOLU BALSAM	Leguminosae (Fabaceae)	resin	Expectorant. Balsamic. Anti-inflammatory for the respiratory system. Topical use: film forming, hair conditioning, masking. Also used in wound healing.	● 0104315	Fluid extract
<i>Myrtus communis</i> L.	MYRTLE	Myrtaceae	leaf	Expectorant. Balsamic. Antiseptic for the respiratory system. Topical use: perfuming, skin conditioning.	● 0122220	Fluid extract
<i>Nasturtium officinale</i> R. Brown	BROWN CRESS	Brassicaceae (Cruciferae)	aerial part	Digestive. Expectorant. Depurative. Topical use: perfuming, skin conditioning.	● 0122720	Fluid extract
<i>Ocimum basilicum</i> L.	BASIL	Lamiaceae (Labiatae)	leaf	Digestive. Diuretic (also used in Chinese medicine in renal disturbances). Antioxidant. Galactagogue. Topical use: skin conditioning.	● 3004800	Dry extract DER 4/1
<i>Olea europaea</i> L.	OLIVE TREE	Oleaceae	leaf	Hypolipidemic, hypoglycemic. Hypotensive. Prevention of cardiovascular disease. Antioxidant. Topical use: perfuming, skin conditioning.	3523506 ● 0123520	Dry extract ≥ 6.0 Oleuropein Fluid extract
<i>Ononis spinosa</i> L.	SPINY REST HARROW	Leguminosae (Fabaceae)	root	Diuretic (also used for flushing the urinary tract and minor urinary complaints such as kidney and bladder stones). Emollient and soothing for the urinary tract. Digestive. Hepatoprotective. Topical use: anti-seborrheic, smoothing.	● 3023700 ● 0123730	Dry extract DER 4/1 Fluid extract
<i>Orthosiphon stamineus</i> Bent.	JAVA TEA	Lamiaceae (Labiatae)	leaf	Diuretic (also used for flushing the urinary tract, infections, kidney and bladder stones). Hepatoprotective (antioxidant), cholagogue. Anti-inflammatory. Topical use: skin conditioning.	● 3123900 ● 3523902 ● 0123920	Dry extract ≥ 0.1 Sinensetin Dry extract ≥ 0.2 Sinensetin Fluid extract
<i>Paeonia officinalis</i> L.	PEONY	Paeniaceae (Ranunculaceae)	flower	Spasmolytic, carminative. Anti-dysmenorrheic (menstrual cramps and irregularities). Topical use: tonic.	● 0124530	Fluid extract
<i>Panax ginseng</i> C.A. Meyer	GINSENG	Araliaceae	root	Tonic, adaptogen. Antioxidant. Tonic (used in physical and mental fatigue). Anti-stress. Hypoglycemic. Sexual enhancer. Immune system booster. Topical use: emollient, hair conditioning, skin protecting, tonic.	3816903 3516905 3516912 3516920 ● 0316950 ● 4116900	Estr. Secco ≥ 3.0 Ginsenosides Estr. Secco ≥ 5.0 Ginsenosides Estr. Secco ≥ 12.0 Ginsenosides Estr. Secco ≥ 20.0 Ginsenosides Estr. Fluido 1.0 Ginsenosides Glycolic extract
<i>Panicum miliaceum</i> L.	MILLET	Poaceae (Gramineae)	fruit (kernels)	Tonic. Relief of asthenia such as fatigue and weakness (used in anemia). Hair and nail beauty booster (high content of silicon). Topical use: skin conditioning, soothing.	● 3021700	Dry extract DER 4/1
<i>Papaver rhoeas</i> L.	RED POPPY	Papaveraceae	flower (petal)	Expectorant (used in dry cough and asthma). Sedative, analgesic (relief of mild symptoms of anxiety). Topical use: emollient, soothing. Also used as dyeing agent.	● 3024200 ● 0124220	Dry extract DER 4/1 Fluid extract
<i>Passiflora incarnata</i> L.	PASSION HERB	Passifloraceae	flowering herb	Relief of mild symptoms of mental stress and sleep aid (pediatric use too). Spasmolytic, carminative. Topical use: astringent.	● 3124400 ● 3124403 ● 3524404 ● 0124420 ● 1824460.1	Dry extract ≥ 0.5 Tot. Flav. as Vitexin Dry extract ≥ 3.5 Tot. Flav. as Vitexin Dry extract ≥ 4,0 Tot. Flav. as Vitexin Fluid extract Tincture DER 10/1
<i>Paullinia cupana</i> Kunth (syn. <i>Paullinia sorbilis</i> Mart.)	GUARANA'	Sapindaceae	seed	Tonic (used in physical and mental fatigue). Metabolism booster. Hypolipidemic. Weight loss aid. Topical use: skin conditioning, tonic.	● 3117702 ● 3117708 ● 3517710 ● 0217750	Dry extract ≥ 2.5 Caffeine Dry extract ≥ 8.0 Caffeine Dry extract ≥ 10 Caffeine Fluid extract 2.0-2.5 Caffeine
<i>Peumus boldus</i> Molina	BOLDO	Monimiaceae	leaf	Digestive (used for the relief of dyspepsia and mild spasmodic disorders of the gastrointestinal tract). Cholagogue. Diuretic. Laxative, spasmolytic. Topical use: masking.	● 3105701 ● 0105720	Dry extract ≥ 0.05 Tot. Alkal. as Boldine Fluid extract
<i>Phaseolus vulgaris</i> L.	BEAN	Leguminosae (Fabaceae)	pod (without seeds)	Diuretic (also used for flushing the urinary tract, infections, kidney and bladder stones). Hypoglycemic.	● 3014300	Dry extract DER 4/1
<i>Phaseolus vulgaris</i> L.	WHITE KIDNEY BEAN	Leguminosae (Fabaceae)	seed	Hypoglycemic. Weight loss aid. Topical use: skin conditioning.	3056100	Dry extract (10.0000 AIA)
<i>Phyllanthus niruri</i> L.	STONEBREAKER (CHANCA PIEDRA)	Euphorbiaceae	herb (aerial part)	Hepatoprotective (hypolipidemic, antioxidant). Hypoglycemic. Antiseptic for the urinary system. Used for kidney stones. Topical use: antimicrobial, skin protecting.	● 3540203 ● 3040215S	Dry extract ≥ 3.0 Tannins Dry extract ≥ 15.0 Tannins
<i>Pimpinella anisum</i> L.	ANISE	Apiaceae (Umbelliferae)	fruit	Digestive. Appetite stimulant. Spasmolytic, carminative. Expectorant. Balsamic. Galactagogue. Flavouring agent. Topical use: masking, skin conditioning.	● 3002500 ● 0202530	Dry extract DER 4/1 Fluid extract
<i>Pinus mugo</i> Turra (syn. <i>Pinus montana</i> Mill.)	MOUNTAIN PINE	Pinaceae	bud	Anti-inflammatory for the respiratory system. Balsamic. Expectorant.	● 0225320	Fluid extract
<i>Pinus sylvestris</i> L.	PINE	Pinaceae	bud	Anti-inflammatory for the respiratory system. Balsamic. Expectorant. Topical use: perfuming, tonic.	● 0225220	Fluid extract

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<i>Plantago lanceolata</i> L.	ENGLISH PLANTAIN, NARROW-LEAVED PLANTAIN, RIBWORT	Plantaginaceae	leaf	Anti-inflammatory, emollient and soothing for the respiratory system (used as a demulcent for oral or pharyngeal irritations, dry cough). Tone of voice. Digestive. Topical use: antimicrobial. Also used in wound healing.	● 3547605.EPO ● 0247630.EPO ● 0147630	Sedox ® Dry extract ≥ 5.0 Tot. Phenols Sedox ® Fluid extract ≥ 0.007 Verbascoside Fluid extract
<i>Plantago major</i> L.	GREATER PLANTAIN	Plantaginaceae	leaf	Anti-inflammatory, emollient and soothing for the respiratory system. Tone of voice. Digestive. Diuretic (used for urinary stones). Topical use: skin conditioning. Also used in wound healing.	● 3024900 ● 0124920	Dry extract DER 4/1 Fluid extract
Pollen	POLLEN		microgametophytes (sperm cells) of Spermatophytes (seed plants), collected by bees	Appetite stimulant. Nutritive effect. Topical use: emollient, skin protecting.	● 0125830 ● 3025800	Fluid extract Dry extract DER 4/1
<i>Polygala vulgaris</i> L.	COMMON MILKWORT (MILKWEED)	Polygalaceae	root	Expectorant. Used for whooping cough, asthma.	● 0150920	Fluid extract
<i>Polypodium leucatomos</i> Poir.	CALAGUALA	Polypodiaceae	rizhome	Depurative. Diuretic. Diaphoretic. Skin care (used for sunburn, eczema, psoriasis and vitiligo). Topical use: hair conditioning, skin conditioning.	● 3054300	Dry extract DER 4/1
Propolis cera	PROPOLIS		Resinous mixture collected by bees from botanical sources	Bacteriostatic. Fungicide. Soothing. Antioxidant. Anti-inflammatory. Immune system booster. Anti-seborrheic for topical use.	3526202 ● 0226280 ● 1926280.1 ● 4126200 ● 3026500	Dry extract ≥ 2.5 Tot. Flav. as Galangine (HPLC) Fluid extract Tincture DER 10/1 Glycolic extract
<i>Prunus africana</i> (Hook.f.) Kalkman (syn. <i>Pygeum africanum</i> Hook.f.)	PYGEUM	Rosaceae	bark	Anti-prostatic (also used in BPH).		Dry extract DER 4/1
<i>Prunus cerasus</i> L. (syn. <i>Cerasus vulgaris</i> Mill.)	CHERRY STALK	Rosaceae	fruit peduncle (stalk)	Diuretic. Anti-gout. Topical use: skin conditioning.	● 3010100	Dry extract DER 4/1
<i>Ptychopetalum olacoides</i> Benth.	MUIRA PUAMA (POTENCY WOOD)	Olacaceae	wood, branch and root bark	Tonic (used in physical and mental fatigue). Mental, cognitive and memory enhancer. Antioxidant. Sexual enhancer. Appetite stimulant. Anti-diarrheal. Topical use: skin conditioning.	● 3022500 ● 0122550	Dry extract DER 4/1 Fluid extract
<i>Quassia amara</i> L.	SURINAM QUASSIA, BITTERWOOD, AMARGO	Simarubaceae	wood	Digestive. Appetite stimulant. Cholagogue. Topical use: denaturant, skin conditioning, tonic.	● 0126620	Fluid extract
<i>Raphanus raphanistrum</i> subsp. <i>sativus</i> (L.) Domin (syn. <i>Raphanus sativus</i> var. <i>niger</i> (Mill.) J.Kern.)	RADISH	Brassicaceae (Cruciferae)	root	Digestive. Diuretic. Expectorant. Antioxidant. Topical use: astringent, skin conditioning.	● 0135130	Fluid extract
<i>Rhamnus frangula</i> L. (syn. <i>Frangula alnus</i> Miller)	FRANGULA (ALDER BUCKTHORN)	Rhamnaceae	stem and branches bark	Laxative (used in case of constipation). Digestive. Topical use: skin conditioning, skin protecting.	● 3515307 ● 0215320	Dry extract ≥ 7.5-9.0 Hydroxyanthracene Eterosides as Glucofranguline Fluid extract 0.4-0.8 Hydroxyanthracene Eterosides as Glucofranguline
<i>Rhamnus purshiana</i> DC.	CASCARA SAGRADA (CASCARA BUCKTHORN)	Rhamnaceae	bark	Laxative (used in case of constipation). Digestive. Topical use: perfuming, skin conditioning, skin protecting.	● 3108410	Dry extract 10.0-12.0 Cascaroside
<i>Rheum australe</i> D. Don (syn. <i>Rheum emodii</i> Wall. ex Meisn.)	RHUBARB	Polygonaceae	rizhome	Digestive. Laxative.	3864201 3564205	Estr.Secco ≥ 1.0 Hydroxyanthracene derivatives as Rhein Estr.Secco ≥ 5.0 Hydroxyanthracene derivatives as Rhein
<i>Ribes nigrum</i> L.	BLACKCURRANT (CASSIS) BERRY	Grossulariaceae (Saxifragaceae)	fruit (berry)	Anti-diarrheal. Prevention of peripheral venous insufficiency (also used for hemorrhoids). Anti-inflammatory for the respiratory system, also used in cough associated with cold. Topical use: astringent, emollient, perfuming, skin conditioning.	3848201 3548207	Dry extract > 1.0 Tot. Anthocyanosides Dry extract > 7.0 Tot. Anthocyanosides
<i>Ribes nigrum</i> L.	BLACKCURRANT	Grossulariaceae (Saxifragaceae)	leaf	Diuretic (also used for flushing the urinary tract, infections and urinary stones). Anti-arthritis, anti-rheumatic (also used for gout). Bechic (used for convulsive cough). Topical use: perfuming, skin conditioning.	● 3027600 ● 0127620 ● 1827655.1	Dry extract DER 4/1 Fluid extract Tincture DER 10/1
<i>Rosa canina</i> L.	DOG ROS (ROSEHIP)	Rosaceae	rosehip without seeds	Tonic (used in physical and mental fatigue). Natural source of vitamin C. Anti-diarrheal. Antioxidant. Diuretic (used in urinary stones). Anti-arthritis, anti-rheumatic (also used for gout). Topical use: astringent, skin conditioning, tonic.	● 3028000 ● 3827910 ● 3827970 ● 0127950	Dry extract DER 4/1 Dry extract ≥ 10.0 Vitamin C Dry extract ≥ 70.0 Vitamin C Fluid extract



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<i>Rosmarinus officinalis</i> L.	ROSEMARY	Lamiaceae (Labiatae)	leaf	Digestive (used for the relief of dyspepsia and mild spasmodic disorders). Cholagogue. Spasmolytic, carminative. Antioxidant. Cardio-tonic, hypertensive. Flavouring agent. Topical use: antimicrobial, masking, skin conditioning. Also used as adjuvant in the relief of minor muscle and articular pain and in minor peripheral circulatory disorders.	● 3028300 ● 3128306 ● 0228330	Dry extract DER 4/1 Dry extract ≥ 6.0 Polyphenols Fluid extract
<i>Ruscus aculeatus</i> L.	BUTCHER'S BROOM	Asparagaceae (Liliaceae)	root	Vasoconstrictor (used in peripheral venous disorders such as heaviness of legs, varicose veins and hemorrhoids). Topical use: astringent, refreshing, skin conditioning, soothing, stabilizing, tonic.	● 3128505 ● 3528510 ● 0128530 ● 4028500	Dry extract ≥ 5.0 Ruscogenin Dry extract ≥ 10.0 Ruscogenin Fluid extract Glycolic extract
<i>Salix alba</i> L.	WHITE WILLOW	Salicaceae	branches bark	Anti-arthritic, anti-rheumatic (also used for gout). Analgesic (headaches, fever and lower back pain). Diaphoretic (anti-pyretic). Topical use: astringent, hair conditioning, skin conditioning, soothing, tonic.	● 0128920 ● 4028900	Fluid extract Glycolic extract
<i>Salvia officinalis</i> L.	SAGE	Lamiaceae (Labiatae)	leaf	Digestive, carminative (used in mild dyspeptic complaints such as heartburn and bloating). Relief of menopausal symptom, anti-diaphoretic (used for hot flushes and night sweat). Anti-inflammatory for throat and respiratory system. Antioxidant. Tonic (used in physical and mental fatigue). Anti-stress. Flavouring agent. Topical use: anti-dandruff, cleansing, oral care, skin conditioning, tonic. Skin soothing.	● 3029100 ● 0229130 ● 4129100	Dry extract DER 4/1 Fluid extract Glycolic extract
<i>Sambucus nigra</i> L.	BLACK ELDER	Adoxaceae (Caprifoliaceae)	flower	Expectorant. Diaphoretic. Diuretic. Immune system booster (also used for the relief of common cold symptom). Topical use: refreshing, skin conditioning, soothing, tonic.	● 3429303 ● 0129340	Dry extract ≥ 0.3 Flavonoids Fluid extract
<i>Schisandra chinensis</i> (Turcz.) Baill.	SCHISANDRA (WU WEI ZI)	Schisandraceae	dried ripe fruit	Tonic, adaptogen. Antioxidant. Hepatoprotective. Anti-inflammatory for the respiratory system, also used for chronic cough and asthma. Topical use: skin conditioning.	● 0129930	Fluid extract
<i>Sedum roseum</i> (L.) Scop. (syn. <i>Rhodiola rosea</i> L.)	RHODIOLA, GOLDEN ROOT	Crassulaceae	root	Tonic, adaptogen (used in physical and mental fatigue). Anti-stress. Mood enhancer. Topical use: antioxidant, astringent, skin conditioning.	● 0440130	Fluid extract
<i>Serenoa repens</i> (Bartram) Small. (syn. <i>Sabal serrulata</i> (Michaux) Nichols)	SABAL, SAW PALMETTO	Arecaceae (Palmae)	dried ripe fruit	Anti-prostatic (also used in BPH). Anti-inflammatory for the urinary system (used in micturition disorders such as weak flow, incomplete voiding, frequent daytime and night time urination). Topical use: skin conditioning.	3828705.1 3528730.1 3528745.1 ● 0128740 5028785	Dry extract ≥ 5.0 Tot. Fatty acids Dry extract ≥ 30.0 Tot. Fatty acids Dry extract ≥ 45.0 Tot. Fatty acids Fluid extract Linnosterolic extract 85.0-95.0 Tot. Fatty acids
<i>Silybum marianum</i> (L.) Gaertner	MILK THISTLE, MARIAN THISTLE	Compositae (Asteraceae)	fruit	Digestive (used for the relief of digestive disorders with a sensation of fullness, bloating and flatulence). Hepatoprotective, anti-inflammatory. Depurative and detoxicant (mushroom poisoning). Antioxidant. Free radical scavenger. Topical use: skin conditioning.	3108001 3508060 3508080 ● 0108050	Dry extract ≥ 2.0 Silymarin Dry extract ≥ 60.0 Silymarin Dry extract ≥ 80.0 Silymarin Fluid extract
<i>Sisymbrium officinale</i> (L.) Scopoli	HEDGE MUSTARD, (BANK CRESS, SINGER'S PLANT)	Brassicaceae (Cruciferae)	aereal part with flower	Anti-inflammatory, emollient and soothing for the respiratory system (also used for throat irritation such as hoarseness and dry cough). Bechic, expectorant. Tone of voice. Topical use: skin conditioning.	● 3013800 ● 3113805 ● 0113820	Dry extract DER 4/1 Dry extract ≥ 0.5 Glucosinolates Fluid extract
<i>Smilax aristolochifolia</i> Mill. (syn. <i>Smilax medica</i> Sch. et Cham.)	SARSAPARILLIA	Smilacaceae (Liliaceae)	root	Depurative, diuretic. Skin care. Anti-rheumatic (also used for gout). Topical use: skin conditioning.	● 0129030	Fluid extract
<i>Solidago virgaurea</i> L.	GOLDEN ROD	Compositae (Asteraceae)	aereal part with flower	Depurative. Diuretic (also used for flushing the urinary tract, infections, urinary stones), spasmolytic. Anti-inflammatory for mouth and throat. Antimicrobial. Topical use: skin conditioning.	● 3032800 ● 0132820	Dry extract DER 4/1 Fluid extract
<i>Tabebuia avellanedae</i> Lorentz ex Griseb.	PAU D'ARCO, LAPACHO	Bignoniaceae	bark	Immune system booster, antimicrobial for the respiratory system. Depurative. Hypotensive. Topical use: humectant, skin conditioning.	● 3130703	Dry extract ≥ 3.0 Tot. Naphthoquinones
<i>Tamarindus indica</i> L.	TAMARIND	Leguminosae (Fabaceae)	mature fruit	Laxative, spasmolytic. Topical use: skin conditioning.	● 3030800	Dry extract DER 4/1
<i>Tanacetum parthenium</i> (L.) Schultz Bip. (syn. <i>Chrysanthemum parthenium</i> (L.) Bernh.)	FEVERFEW	Compositae (Asteraceae)	aereal part with flower	Anti-arthritic, anti-rheumatic. Anti-dysmenorrhic. Analgesic (used for migraine headaches). Topical use: masking.	3836900	Dry extract ≥ 0.1 Parthenolide
<i>Taraxacum officinale</i> G.H. Weber ex Wiggers	DANDELION	Compositae (Asteraceae)	root	Digestive (used for abdominal fullness, flatulence and slow digestion). Appetite stimulant. Cholagogue. Depurative. Diuretic (also used for flushing the urinary tract, infections and urinary stones). Laxative. Topical use: skin conditioning.	● 3031000 ● 3531000.R ● 0131020 ● 1831045.1	Dry extract DER 4/1 Dry extract ≥ 2.0 Inulin Fluid extract Tincture DER 10/1

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<i>Thymus serpyllum</i> L.	WILD THYME	Lamiaceae (Labiatae)	aereal part	Expectorant (used in cough and bronchitis). Digestive. Spasmolytic, carminative. Antioxidant. Balsamic, antiseptic for the throat and the respiratory system. Flavouring agent. Topical use: skin conditioning. Also used in balneotherapy for rheumatic disorders and as anti-seborrheic agent.	● 0231420	Fluid extract
<i>Thymus vulgaris</i> L.	COMMON THYME	Lamiaceae (Labiatae)	leaf	Expectorant (used in productive cough associated with cold, and bronchitis). Digestive. Spasmolytic, carminative. Antioxidant. Balsamic, antiseptic for the throat and the respiratory system. Flavouring agent. Topical use: skin conditioning.	● 3031500 ● 3531500 ● 0231520 ● 4131500	Dry extract DER 4/1 Thymox ® Dry extract 0,3% thymol Fluid extract Glycolic extract
<i>Tilia platyphyllos</i> Scopoli	LIME	Malvaceae (Tiliaceae)	inflorescence	Emollient and soothing for the respiratory system (used for the relief of symptoms of feverish cold). Relief of mild symptoms of mental stress and sleep aid. Diaphoretic, diuretic. Topical use: skin conditioning.	● 3131305 ● 3831300 ● 0131330	Dry extract ≥ 5.0 Tot. Flavonoids Dry extract ≥ 1.0 Tot. Flavonoids Fluid extract
<i>Trigonella foenum-graecum</i> L.	FENU GREEK	Leguminosae (Fabaceae)	seed	Digestive. Appetite stimulant. Emollient and soothing for the digestive system. Hypoglycemic, hypolipidemic (reduces cholesterol and triglycerides). Tonic (used in asthenia). Used in ayurvedic medicine as galactagogue and anti-diaphoretic too. Topical use: perfuming, skin conditioning.	● 3014800 ● 0114830	Dry extract DER 4/1 Fluid extract
<i>Turnera diffusa</i> Wild. ex Schult. (syn. <i>Turnera diffusa</i> Wild. var. <i>aphrodisiaca</i> Urban)	DAMIANA	Passifloraceae (Turneraceae)	leaf	Tonic (used in physical and mental fatigue). Anti-stress. Laxative. Digestive. Diuretic. Sexual enhancer (according to South American indigenous medicine). Topical use: skin conditioning.	● 3012300 ● 0112330	Dry extract DER 4/1 Fluid extract
<i>Uncaria tomentosa</i> (Willd. ex Schult.) DC.	CAT'S CLAW	Rubiaceae	bark	Anti-rheumatic (relief of minor articular pain associated to inflammatory processes; used as adjuvant for rheumatoid arthritis). Immune system booster. Topical use: antioxidant, skin conditioning, skin protecting.	● 0132060	Fluid extract
<i>Urtica dioica</i> L.	NETTLE	Urticaceae	leaf	Anti-rheumatic, anti-arthritis (used for the relief of minor articular pain, anti-gout). Depurative and diuretic (used as an adjuvant in minor urinary complaints, infections and urinary stones). Anti-inflammatory, anti-allergic (used in allergic rhinitis). Nail and hair beauty booster. Topical use: skin conditioning. Also used in seborrheic skin conditions.	● 3024000 ● 0124020 ● 4024000	Dry extract DER 4/1 Fluid extract Glycolic extract
<i>Urtica urens</i> L.	NETTLE	Urticaceae	root	Anti-prostatic (used in BPH). Anti-inflammatory.	3524004 3524008	Dry extract ≥ 0.4 Betasitosterol Dry extract ≥ 0.8 Betasitosterol
<i>Vaccinium myrtillus</i> L.	BILBERRY	Ericaceae	fresh berry	Prevention of peripheral venous insufficiency (such as heaviness of legs and hemorrhoids). Capillary resistance and vision improvement. Antioxidant. Anti-diarrheal. Topical use: skin conditioning.	● 3522001 ● 3522004 ● 3822000 ● 0122020 3522025.1	Estr. Secco ≥ 1.0 Tot. Anthocyanosides Estr. Secco ≥ 4.0 Tot. Anthocyanosides Dry extract E/D 4/1 Estr. Fluido ≥ 0.1 Tot. Anthocyanosides Dry extract 25% Anthocyanins
<i>Vaccinium vitis-idaea</i> L.	RED BILBERRY, LINGONBERRY (COWBERRY, ALPINE CRANBERRY)	Ericaceae	leaf	Diuretic, astringent, anti-inflammatory, antimicrobial (used for cystitis, gout, rheumatism and stones). Anti-diarrheal. Topical use: astringent, skin conditioning, tonic.	● 3022100 ● 0122120	Dry extract DER 4/1 Fluid extract
<i>Valeriana officinalis</i> L.	VALERIAN	Caprifoliaceae (Valerianaceae)	rizhome and root	Relief of mild symptoms of mental stress and sleep aid. Spasmolytic. Topical use: masking, skin conditioning, soothing.	● 3532200 ● 3532208 ● 0232220 ● 1832265.1	Dry extract ≥ 0.42 Tot. Valerenic acids Dry extract ≥ 0.8 Tot. Valerenic acids Fluid extract Tincture DER 10/1
<i>Verbascum thapsus</i> L.	MULLEIN	Scrophulariaceae	flower	Expectorant. Emollient and soothing for the respiratory system (used for sore throat associated with dry cough and cold, bronchitis, asthma) and for the digestive system. Relief of mild symptoms of mental stress. Topical use: skin conditioning, smoothing. Wound healing.	● 3032500 ● 0132530	Dry extract DER 4/1 Fluid extract
<i>Verbena officinalis</i> L.	VERVAIN	Verbenaceae	aereal part	Relief of mild symptoms of mental stress (also used in menopause). Anti-dysmenorrheic, galactagogue (relief of menstrual symptoms such as cramps and fatigue). Digestive. Cholagogue. Topical use: masking, skin conditioning.	● 3032600 ● 0132630	Dry extract DER 4/1 Fluid extract
<i>Viola tricolor</i> L.	WILD PANSY	Violaceae	aereal part with flower	Expectorant. Depurative and diuretic (also used for skin care). Anti-rheumatic (also used for gout). Topical use: emollient, skin protecting, soothing. Also used for mild seborrheic skin conditions (acne, eczema, impetigo, itching) and scalp scab in babies.	● 3033200 ● 3133205  ● 0133230	Dry extract DER 4/1 VIOLAPURE ® Dry extract ≥ 2.5 Tot. Flavonoids Fluid extract

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<i>Viscum album</i> L.	MISTLETOE	Loranthaceae (Santalaceae)	leaf and twig	Antioxidant. Hypolipidemic. Hypotensive (used in headache, tinnitus, dizziness). Relief of mild symptoms of nervousness (used in nervous tachycardia, hysteria, convulsions, asthma crisis). Anti-inflammatory, anti-rheumatic. Immune system booster. Topical use: soothing.	● 3033300 ● 0133320	Dry extract DER 4/1 Fluid extract
<i>Vitex agnus-castus</i> L.	CHASTE TREE (INDIAN WILD PEPPER)	Lamiaceae (Labiatae)	dried fruit (small drupe)	Anti-dysmenorrheic (also used in mastalgia/mastodynia and infertility). Topical use: astringent.	3500805	Dry extract ≥ 0.5 Agnuside
<i>Vitis Vinifera</i> L.	GRAPE SEEDS	Vitaceae	seed	Prevention of peripheral venous insufficiency (such as heaviness of legs and hemorrhoids) and fluid retention. Capillary resistance and vision improvement. Antioxidant. Prevention of cardiovascular disease.	3539495	Dry extract 95% Proanthocyanidins
<i>Vitis vinifera</i> L.	VINE	Vitaceae	leaf	Prevention of peripheral venous insufficiency (such as heaviness of legs). Antioxidant. Prevention of cardiovascular disease. Topical use: skin conditioning.	● 3133405 ● 0133430 ● 1833455.1	Dry extract ≥ 5.0 Polyphenols Fluid extract Tincture idroalcolica DER 10/1
<i>Withania somnifera</i> (L.) Dunal	ASHWAGANDHA	Solanaceae	leaf and root	Tonic, adaptogen (relief of symptoms of mental stress, fatigue and weakness). Immune system booster. Anti-rheumatic, anti-arthritic, anti-inflammatory. Used in ayurvedic medicine as <i>rasayana</i> (rejuvenative). Topical use: skin conditioning.	3565602	Dry extract ≥ 2.5 Withanolides
<i>Zea mays</i> L.	CORN SILK (MAIZE)	Poaceae (Gramineae)	fruit (stigma)	Diuretic, anti-inflammatory for the urinary system (also used for cystitis, urethritis, urinary stones, BPH). Topical use: binding, bulking.	● 3020200 ● 0120220	Dry extract DER 4/1 Fluid extract
<i>Zingiber officinale</i> Roscoe	GINGER	Zingiberaceae	rizhome	Digestive. Appetite stimulant. Spasmolytic, carminative (used for bloating and flatulence). Anti-nausea (preventing morning sickness, kinetosis). Cardio-tonic, anti-thrombotic, prevention of platelet aggregation. Anti-arthritic, anti-rheumatic (also used in rheumatoid arthritis). Analgesic (used for migraine headaches). Used in ayurvedic medicine as <i>rasayana</i> (rejuvenative), anti-dysmenorrheic and emmenagogue. Flavouring agent. Topical use: antimicrobial.	3033700 3133705 ● 0233750	Dry extract ≥ 1.0 Gingerols Dry extract ≥ 5.0 Gingerols Fluid extract
<b>GEMMOTHERAPY</b>						
<i>Betula verrucosa</i> Eh.	BETULA VERRUCOSA	Betulaceae	lymph	Antiasthenic, depurative, draining agent.	● BG0945300.1	Hydroglyceric extract (organic)
<i>Crataegus oxyacantha</i> L.	CRATAEGUS	Rosaceae	young shoot	Cardiotonic, hypotensive, anti-spasmodic, sedative.	● BG0905400.1	Hydroglyceric extract (organic)
<i>Ficus carica</i> L.	FICUS CARICA	Moraceae	bud	Eupeptic: treatment of psychosomatic disorders, gastric and gastroduodenal ulcers, colitis, neurovegetative dystonia.	● BG0914700.1	Hydroglyceric extract (organic)
<i>Ribes nigrum</i> L.	RIBES NIGRUM BIOLOGICO	Grossulariaceae (Saxifragaceae)	bud	Anti-inflammatory, anti-allergic (selective action on the adrenal cortex to produce corticosteroid hormones); treatment for hay fever, allergic rhinitis, asthma, gastritis, urticaria, migraine.	● BG0927600.1	Hydroglyceric extract (organic)
<i>Rosa canina</i> L.	ROSA CANINA	Rosaceae	young shoot	Nutritive, antiasthenic, protein balancer.	● BG0927900.1	Hydroglyceric extract (organic)
<i>Rosmarinus officinalis</i> L.	ROSMARINUS	Labiatae	young shoot	Inhibiting effect on the anterior lobe of the pituitary gland: it regularises ovarian secretion; remedy for hyperfolliculinism and dysmenorrhoea.	● BG0928300.1	Hydroglyceric extract (organic)
<i>Tilia tomentosa</i> Moench	TILIA TOMENTOSA	Tiliaceae	bud	Sedative, antispasmodic.	● BG0945600.1	Hydroglyceric extract (organic)
<i>Vaccinium vitis-idaea</i> L.	VACCINIUM VITIS IDAEA	Ericaceae	young shoot	Anti-inflammatory, diuretic, mild laxative.	● BG0922100.1	Hydroglyceric extract (organic)

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