

Passiflora incarnata L.

dry extract ORGANIC 1% dry extract ORGANIC 3,5%

(Reg. (CE) 834/2007)



The botanical specie is certified by



Botanical family: Passifloraceae

Part of plant: aerial part with flowers

Extraction solvent: water and ethanol

Active substances: flavonoids expressed as vitexin (Eu. Ph.)

Passion Flower is a perennial plant from Central and Southern America, widely cultivated in Europe.

The chief components are polyphenols such as **flavonoids**, tannins and phenolic acids; there are also alkaloids, phytosterols, and organic and fatty acids.

Passion Flower is traditionally used in Europe for the relief of mild symptoms of **mental stress** and as **sleep aid** in insomnia, mental fatigue and **menopause**. It is also used as spasmolytic and carminative.

It can be topically used as **astringent**.

The literature does not indicate any health hazard or adverse reaction.

There are no known interactions with other drugs; it can therefore be used even in children over 12 years of age.

This extract is GMO, BSE/TSE, GLUTEN, ALLERGEN FREE

Main References: Campanini E., Tecniche nuove 2006; EMA Assessment report 2014